



JESSE HILL MARKET

FOOD AS MEDICINE PROGRAM

IMPACT REPORT

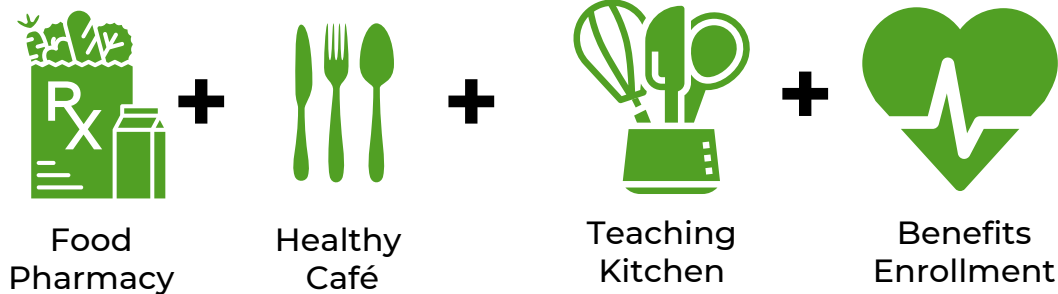




PROGRAM OVERVIEW

Housed in Grady's Jesse Hill Market, the Food as Medicine program launched in 2020 in partnership with Atlanta Community Food Bank and Open Hand. The program aims to tackle chronic disease through healthy eating, particularly for those living in food deserts across our community.

- 1 Increase access to healthy, affordable food
- 2 Provide nutrition and cooking education
- 3 Improve the health of our patients



WHO WE SERVE

1,696 household members

655 patients



53% receive SNAP



60% of patients have a household member 60 years or older



20% experienced housing insecurity



31% have children under the age of 17

63% live in Fulton Co.
28% live in DeKalb Co.

"Now instead of feeling weak and craving unhealthy foods, I have more energy than ever before"

A graduate whose A1C decreased from 15% to 7%

OUTCOMES FOR FOOD PRESCRIPTION PATIENTS

from January 2022 to December 2022

Food Pharmacy



10-15 Patients
graduating
monthly



118,172 pounds of
food distributed
**86% fresh produce*



Increased referred
clinics to 27 from 9
**46% increase*



37% Increase in
program
enrollment

Teaching Kitchen



4.89/5.0
Average Review



179
cooking classes



932
patient visits

Improved Physical Health

↓ 2.4%

Average change among
with severely high with A1C

↓ 1.3%

Average change among
of all graduates

*The smallest reductions
make a difference!*

Higher A1C levels are linked to
diabetes complications. A
change in A1C can lead to
improved health outcomes.

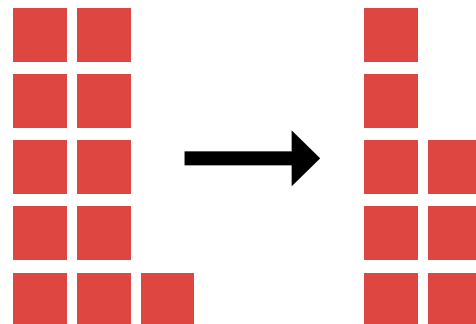
Improved Perceived Health

Self Reported Health



↑ Percentage of patients
describing their health
as "good" or "better"

Poor Physical Health Days (last 30 days)



3 fewer days
(5 fewer at episode 3)